

Center for Public and Corporate Veterinary Medicine Self-Assessment Exercise Summary

Career and Personal Values

The top elements you value <u>very</u> much.
1.
2.
3.
4.
5.
The element(s) you value.
1.
1.
 2.



The elements you <u>don't</u> value much.
1.
2.
3.
4.
5.
Personal and Career limitations:
Absolute limitations.
1.
2.
3.
4.
Potential limitations.
1.
2.
3.
4.



Professional and Personal Skills

In this section you will evaluate your professional skills including technical, professional, and organizational.

Skill/Experience	Strengths	Weakness
Professional Skills/Experience		
Technical Clinical Skills		
• Medicine		
Surgery		
 Radiology 		
Clinical Pathology		
 Your additional skills 		
Additional Veterinary Skills • Epidemiology		
r		
 Pharmacology 		
Human-Animal Bond		
 Research 		



Teaching		Vetermary Meure
Your additional list		
Skill/Experience Professional Skills/Experience	Strengths	Weakness
 Building Relationships 		
 Ability to work with diverse groups 		
 Ability to deal with conflict 		
Open to criticism		
Agile learner		
 Adaptability 		
 Emotional intelligence 		



•	Language skills
•	International experience
•	Other additional skills
Profes	sional Interest Areas
The to	p professional areas of interest.
1.	
2.	
3.	
4.	
5.	
6.	



Personality Type Assessment	
Meyers-Briggs Type Indicator, or <u>DiSC</u> ®.	
Keirsey Temperament Sorter	

Presented by the American Veterinary Medical Association with permission of Dr. Gary Vroegindewey and Dr. Valerie Ragan, Center for Public and Corporate Veterinary Medicine, Virginia-Maryland Regional College of Veterinary Medicine.